Resurrection Bulletin • Spring 2017

Easter Message from Our Provincial Superior

As Easter approaches I am reminded that on Easter Sunday, March 27, 1842, our co-founders Peter Semenenko and Jerome Kajsiewicz, along with five other clerics, pronounced their first vows in the Catacombs of St. Sebastian in Rome. They would be known as, “The Brothers of the Resurrection”.

It had only been six years earlier on February 17, 1836, that a group of men under the leadership of a layman by the name of Bogdan Jański decided to form community. They were known as, “The Brothers”.

I am always moved by the incredible generosity of our founder, Bogdan Jański. Legend has it that he could often be seen in the streets of Paris in tattered clothes working among the poor. One day a benefactor bought him a new pair of shoes due to the miserable condition of his shoes. The next day the benefactor came back to see Bogdan wearing an even more miserable pair of shoes. He asked Bogdan where the shoes were that he had given him. Bogdan said that he had met a very poor man and exchanged shoes with him. For the poor immigrants of Paris, Bogdan became an Apostle of Hope. During the next few years, Bogdan intensified his mission to the poor of Paris. Soon the other brothers joined him in this work and they divided up the poor sector of the city, each accepting responsibility to visit and assist the needy in his area.

May each and every one of us during this time of Easter become an Apostle of Hope by carving out a way to touch the heart of someone who is poor!

A Blessed Easter to All!

Fr. Murray McDermott, CR
Provincial Superior

In Memoriam

Fr. Clair Girodat, CR

On November 18, 2016, Fr. Clair Girodat, CR passed away at PeopleCare Hilltop Manor, Cambridge after a long illness. He was 80 years old, in his 62nd year of religious life and 54th year of ordained priesthood.

Fr. Clair was ordained to the priesthood as a member of the Congregation of the Resurrection on June 1, 1963 at St. Peter's Seminary in London. He spent many years as a teacher at St. Jerome's High School, Kitchener; St. John's College, Brantford; Resurrection College, Waterloo; St. Mary's College, St. Mary, Kentucky; and St. Jerome's College, Waterloo. Fr. Clair also served as Rector-Superior of the Toronto House of Theology, Assistant Provincial, Novice Master and House Superior.

Besides his work in formation and teaching, Fr. Clair enjoyed chaplaincy work and spiritual direction, and was a valued retreat director for the Sisters of St. Joseph, Notre Dame Sisters and Providence Sisters. He also served as Associate Pastor at St. Louis Parish, Waterloo and St. Aloysius Parish, Kitchener.

A big sports enthusiast, Fr. Clair enjoyed playing and coaching such sports as baseball, hockey, and basketball. In particular, he loved baseball and earned himself the nickname 'Yogi’ from his teammates.

Interment has taken place at Mount Hope Cemetery, Kitchener. May he rest in peace.

In This Issue

Easter Message from Our Provincial Superior • Page 1
In Memoriam • Page 1
Election of Provincial Superior • Page 2
How you can Help • Page 2
2017 Jubilarians • Page 3
50th Anniversary of Bermuda Diocese • Page 4
General Chapter • Page 4
Provincial Retreat • Page 4
Life at Resurrection Manor • Page 5
Apostles of the Resurrection • Page 5
Sacred Heart Parish, Kitchener • Page 6
I have Climbed Mount Kilimanjaro • Page 7
Update on Resurrectionist Missions • Page 8
Founders’ Day • Page 8
Donors to the Congregation share in the following Spiritual Benefits:

1. Daily prayers said in all the houses of the Congregation of the Resurrection for living and deceased benefactors.

2. One Mass said each month in each house of the Congregation of the Resurrection for the living benefactors.

3. One Mass said each month in each house of the Congregation of the Resurrection for the deceased benefactors.

4. One Mass said annually in November in each house of the Congregation of the Resurrection for the deceased benefactors.

“If the faithful help even one candidate for the priesthood, they will fully share in all the future masses and in all the fruits of sanctity and apostolic works that will be his.” Pope Pius XII.

Contributions to the Congregation may be sent to:

Congregation of the Resurrection Provincial Office, Treasurer
Resurrection College
265 Westmount Road North
Waterloo, Ontario N2L 3G7

Charitable receipts for income tax purposes will be issued to all donors.

In Memoriam
Fr. Garfield (Gary) Palangio, CR

Four days after Christmas, on December 29, 2016, Fr. Gary died at PeopleCare A.R. Goudie long term care residence in Kitchener. He was 81 years old, in his 64th year of religious life and 56th year of ordained priesthood.

Fr. Gary was ordained to the priesthood in the Congregation of the Resurrection on May 27, 1961 at St. Peter’s Seminary, London, Ontario. As a priest, he served in several areas. He was a teacher at North Bay College (Scollard Hall); St. Jerome’s High School and St. Mary’s College, St. Mary, Kentucky. He also served in school chaplaincy. Fr. Gary moved from teaching to pastoral ministry as Pastor of St. Cecilia’s Parish, Louisville, Kentucky and also Blessed Sacrament Parish, Burford. He was Associate Pastor at St. Mary’s, Kitchener and served at St. Mary’s, Linwood and St. Joseph’s in Macton.

Readers might remember that Fr. Gary was editor of this publication, the Resurrection Bulletin, for several years. He also served as Director of the Missions and was a respected spiritual director.

During his retirement at Resurrection Manor, Fr. Gary enjoyed hooking rugs and was an excellent knitter. Many people cherish the items he made for them. He regularly presided at Mass for the staff and residents of Resurrection College.

Interment has taken place at Mount Hope Cemetery, Kitchener. May God grant him eternal rest and peace.

Election of Provincial Superior

The election for Provincial Superior of the Ontario-Kentucky Province took place on February 17th, Founders’ Day. The members re-elected Fr. Murray McDermott, CR as Provincial Superior for a second three year term. Congratulations, Fr. Murray, and God’s blessings as you continue to lead the Ontario-Kentucky Province. The term of office for Vicar Provincial, currently held by Fr. Jim Donohue, CR, will end this year as well. An election will be held on Easter Monday, April 17th.

How You Can Help

Any donations to the Resurrectionist Missions help to further these projects and to support the education of our seminarians. Donations in aid of Resurrectionists working in the missions (Brazil and Tanzania) will be gratefully received and will be used in the areas where help is most needed. Please make all cheques payable to Resurrectionist Missions and forward to Resurrectionist Missions, 265 Westmount Road North, Waterloo, ON N2L 3G7. Thank you for your generous support.
2017 Jubilarians

This year, members of the Ontario-Kentucky Province who are celebrating significant anniversaries will be honoured at a special Mass and Dinner on Thursday, May 25th at St. Francis Parish in Kitchener. Fr. Edwin Lapinski, CR will celebrate 65 years of priesthood in the Congregation of the Resurrection. Fr. Chester Chmurzynski, CR will commemorate 60 years as a priest. Brother Edward Benson, CR will mark his 50th year of profession of vows. Three men will celebrate 40 years as priests: Fr. Murray McDermott, CR, Fr. Patrick McKelvie, CR and Fr. Paul Voisin, CR. Fr. Joseph de Viveiros, CR will be honoured as he marks 25 years of priesthood. In this issue we will highlight Fr. Edwin Lapinski, CR, Fr. Chester Chmurzynski, CR, and Brother Edward Benson, CR.

Fr. Edwin Lapinski, CR

Fr. Edwin Lapinski, CR was born in Chicago, Illinois in 1926 and lived there throughout his childhood and high school years. He studied at St. Louis University and St. John Cantius Seminary, and was ordained to the priesthood on June 7, 1952. Fr. Edwin served as Associate Pastor of St. Stanislaus Kostka Parish, Hamilton and was the first Pastor of St. Gabriel’s Parish, Burlington. He became Pastor of Sacred Heart Parish, Kitchener in 1968 and later Associate Pastor at St. Joseph’s Parish, Brantford. After ten years of pastoral ministry in Chicago at St. Stanislaus Bishop & Martyr Parish, St. Mary of the Angels Parish and St. Stanislaus Kostka Parish, Fr. Edwin returned to Canada as Associate Pastor of St. Francis Parish in Kitchener. In 1993, he transferred to the Ontario-Kentucky Province and two years later moved to Sacred Heart Parish. He has resided at Resurrection Manor since 2008. Although almost completely blind, Fr. Edwin participates fully in the life of the Manor. He has maintained friendships with many people, and enjoys visits with them.

Congratulations on your 65th anniversary of ordination to the priesthood, Fr. Edwin, and may God continue to bless your life and ministry.

Fr. Chester Chmurzynski, CR

Fr. Chester was born in Bartodzieje, Poland in 1932. He studied for the priesthood in Poland and was ordained to the priesthood in Krakow on May 18, 1957. He began his ministry as a teacher of religion and physics, and re-opened the Minor Seminary in Poznan, Poland. He served in several parishes in Poland before moving to Canada in 1972. Fr. Chester was Associate Pastor of St. Stanislaus Parish, Hamilton and Sacred Heart Parish, Kitchener, and later Pastor of St. Joseph’s Parish, Brantford. In 1988, he became a member of the Ontario-Kentucky Province. In 1995, Fr. Chester was named administrator of St. Anthony’s Polish Mission in Oakville, and became its first pastor when it was designated a parish in 1997. Fr. Chester served there until 2014, when he retired to St. Joseph’s Church, Brantford. He currently resides there with Fr. Adam Wroblewicz, CR. Congratulations, Fr. Chester, on your 60 years of priesthood in the Congregation of the Resurrection. Ad multos annos!

Brother Edward Benson, CR

Brother Ed was born on October 20, 1944 in Louisville, Kentucky, and spent his childhood and high school years there. At the age of 20 he entered the Congregation of the Resurrection and professed perpetual vows on February 15, 1967 in North Bay, Ontario. For almost 25 years he taught Religious Education and Physical Health Education at Scollard Hall (later St. Joseph-Scollard Hall) in North Bay, as well as being a guidance counsellor and chaplain. He also taught at St. Jerome’s High School, Kitchener and was head of the Guidance Department.

Brother Ed received his Master of Education from the University of Toronto and his Master of Pastoral Ministry from Loyola University in New Orleans. From 2002-2007 he served as Director of Resurrection Centre in Waterloo as well as being a Religious Education consultant and retreat director. Brother Ed moved to Bermuda in 2008 to become the Diocesan Director of Youth Ministry for the Diocese of Hamilton. During that time he implemented the Comprehensive Youth Ministry Framework for the Diocese, facilitated retreats for Catholic men, and developed Faith Sharing groups for Catholic Men. For the past six years Brother Ed has been a member of the leadership team as First Councillor for Resurrection Manor House in Waterloo. He was elected to the Religious Brothers Conference Board of Trustees where he served as Executive Secretary for six years. Congratulations, Brother Ed. We wish you God’s blessings as you continue your various ministries.
Diocese of Hamilton in Bermuda – 50th Anniversary
By Most Rev. Wiesław Śpiewak, CR, Bishop of Hamilton in Bermuda

This year the Diocese of Hamilton in Bermuda celebrates its 50th anniversary of establishment as a diocese. The main ceremonies will take place on June 11th and 12th of this year.

Aboard the “Sea Venture” on its fateful journey in June 1609, that surrendered Bermuda to the United Kingdom, was a priest of the Church of England, Reverend Richard Bucke. So when the islands of Bermuda had to submit to the sovereigns of England, the Anglican Church was the only one allowed to minister there. Only in the middle of the 19th century, thanks to the Irish soldiers of the British regiment residing in Bermuda, a Catholic priest was allowed to come to the islands to do some pastoral work. The first Catholic Mass in Bermuda was celebrated on the 14th of September, 1846 by Rev. Michael Hannan of the Archdiocese of Halifax, Nova Scotia. The first Catholic Church of St. Edward was opened for worship in 1859 in downtown Hamilton. This church was replaced in 1932 by the present Cathedral Church of St. Theresa of Lisieux in a Spanish Mission style, suited to the architecture of Bermuda. The Catholic ministry on the islands was done by the clergy of the Archdiocese of Halifax until 1939.

On February 19, 1939, a decree was issued that ecclesiastically detached Bermuda from Halifax and created an Apostolic Prefecture, administered by the Ontario-Kentucky Province of the Congregation of the Resurrection. In 1944, the priests of Halifax returned to Bermuda, and remained until 1953, when the Resurrectionists returned. In 1956, Bishop Robert Dehler, CR was ordained the first Bishop-Vicar Apostolic of Bermuda. In January, 1967 the Holy See appointed Bishop Bernard Murphy, CR to replace the deceased Bishop Dehler, and then on June 12, 1967 the independent Diocese of Hamilton in Bermuda was established.

Besides St. Theresa’s Cathedral there are five other parish churches on the island: St. Joseph’s Church in Sandys (the oldest standing Catholic Church in Bermuda), St. Anthony’s in Warwick, St. Michael’s in Paget, St. Patrick’s in Smith’s and Stella Maris in St. George’s.

The main celebrations in June will consist of two ceremonies: the 50th anniversary of priesthood of Bishop Robert Kurtz, CR, Bishop-Emeritus of Hamilton, on June 11th; and the Golden Jubilee Festivity on Sunday, June 12th. This celebration will include the participation of Archbishop Nicola Girasoli, Apostolic Nuncio to the Antilles, and Archbishop Patrick Pinder of Nassau, Bahamas, the Metropolitan for Bermuda.

General Chapter – June, 2017, Rome
By Fr. Tim Uniac, CR, Vicar General

The Constitutions of the Congregation of the Resurrection identify the general chapter as the highest authority in the Congregation, to be convoked every six years. The tasks of the general chapter are: “concern for the general welfare of the Congregation, the promotion of unity, the stimulation of cooperative progress within the Community and the evaluation of the Community’s fidelity to its charism”. Delegates for the chapter are elected members who represent the various regions where the Congregation serves. There are twenty general chapter delegates. This year the general chapter will take place in Rome from June 11 to June 25. The theme for this general chapter is: “Witnesses of the presence of the Risen Lord from community to the world.” In preparation, reports are being written that will reflect upon the past six years; however, it is the spiritual preparation for the chapter that is perhaps of greater value. In the months leading up to the chapter, each member of the Congregation is being asked to reflect upon his own experience of vocation in the Congregation, to share those reflections with the members of his religious house, and to become what Pope Francis says all consecrated religious should be: “experts in spirituality”. This spiritual preparation will afford the chapter the opportunity to examine how to intensify the spiritual life of the entire Congregation. Father Bernard Hylla, CR, Superior General, has called the membership to pray regularly for the outpouring of the Holy Spirit upon the general chapter. To further highlight the importance of spiritually preparing for the chapter, the first day of the chapter will be a day of prayer and reflection for the delegates.

During the chapter, itself, the written reports will be presented. Flowing from those reports, directives for the next years will be established, directives that will guide the Congregation spiritually as it continues to strive to live out its charism. Also during the chapter, elections of the general curia will take place, the four members who will serve the Congregation in international leadership for the next six years. The many family members, friends and benefactors of the Congregation are invited to join the members of the Congregation in praying for the outpouring of the Holy Spirit upon the general chapter.

Provincial Retreat
This year’s retreat for members of the Ontario-Kentucky Province will take place at Resurrection College in Waterloo from May 22-26. The Rev. Dr. Denis Grecco, PhD will facilitate and will use Pope Francis’ encyclical Laudato Si’ as the theme for the retreat.
Life at Resurrection Manor

By Fr. Frank Reitzel, CR

On January 4, 2017 we placed the final remains of Fr. Gary Palangio, CR in the community grave at Mount Hope Cemetery in Kitchener. In the past two years we have witnessed the burial of nine members of Resurrection Manor which at one time sported some 22 members; however, we continue to preach the Resurrection – we are Resurrectionists. Within the past two years the following members from the Manor have returned to the Lord: Fr. Charles Fedy, CR, Fr. Clair Girodat, CR, Fr. Bernard Hayes, CR, Fr. Jim Johnstone, CR, Fr. Bob Liddy, CR, Fr. Terry McGuire, CR, Fr. Gary Palangio, CR, Fr. Walter Schnarr, CR and Fr. Joe Scollard, CR: Requiescant in Pace. All of them were men of faith and service of the Lord and His people. Meanwhile, here at the Manor our life of prayer and hospitality continues. After the funeral Mass in St. Eugene’s Chapel for Fr. Gary, a light luncheon was served with the usual fellowship and hospitality of the Manor.

Although the Manor is a house for retired members, priests, brothers and deacons, many of the members are engaged in providing Mass for several nursing homes in the area and weekend Mass at local parishes. Pope Francis has recently extolled the values of the Sacrament of Penance: we offer that service and sacrament to many people. Fr. Edwin, although blind, is always available, as are others in the Manor. Our “web prayer service” is often quite filled with requests. We are pleased and delighted to be able to do this ministry. Visiting our own members who are in nursing homes is also a part of our ministry; our Brothers are especially adept at this ministry of fellowship.

Several weeks ago, having completed the Sunday Mass at Trinity Village (retirement and long term care residence), I was asked to give the “last rites” (Confession, Eucharist and Anointing of the Sick) to a patient in one of the houses of the village. I am sure that each of us could spell out equal acts of ministry. We are still ministers of the sacraments and are honoured to be able to be of service. Many very active parish priests, I am sure, also are called upon to administer what have been named the Sacraments of the Sick. There is always something gratifying and grace-filled, however, for retired priests still to be able to minister in this capacity.

The Manor is still a house of retirement, but also a house of prayer. The Lord has emphatically promised that “where two or three are gathered, there I am in the midst of them”. We like to keep this in mind each day at our daily Mass and at our times of prayer. Hence, we (brothers, priests and deacon) invite prayer requests. We are at your service as the people of God. There is, finally, the need of prayer for vocations. Everyone is quite aware of the shortage of vocations to religious life and priesthood. That ranks very high on our prayer lists. May the Lord of the harvest hear and answer our prayer.

Apostles of the Resurrection

By Dee Sproule, Apostle of the Resurrection

The first meeting for this year of the Apostles of the Resurrection was held on Saturday, March 4th at St Joseph’s Parish in Hamilton as we were guests of Fr. Jim Link, CR. Our formation session began with a liturgy of the Word, a formation talk on three (of the eight) Principles of Resurrectionist Spirituality by Fr. Michal Kruszewski, CR, a renewal of the commitment of four Lay Apostles who had been unable to attend in December (now we have a group of 17!), and the election of two Apostles to the Lay Associates’ Committee.

Following a delicious meal prepared by Fr. Jim, the Lay Associates’ Committee held a lively meeting. As preparation for the next formation session on April 29th, we are being asked to consider the following two questions regarding the future ministry of the Apostles: What needs do we see? What are we able to do to help to meet these needs? Lay Apostles and CR’s alike are asked to give consideration to these questions and submit ideas to Fr. Michal two weeks before our next session. On April 29th, we anticipate meaningful dialogue and perhaps the development of a plan for implementation of some of our ideas. Let us remember to pray for one another!
Sacred Heart Parish, Kitchener

By Fr. Stanislaus Zaryczny, CR, Pastor

The history of Sacred Heart Parish began in the latter half of the 19th century when Polish settlers first arrived in Kitchener, then Berlin. Priests from the Congregation of the Resurrection who had arrived to serve the German community began working with the growing Polish community, and a Polish mission was soon established at St. Mary’s Church. In time, the Polish parishioners pooled their resources to construct their own church. In 1912, the independent Polish parish of Sacred Heart was created, and construction began a short time later on the prominent brick structure at the corner of Shanley Street and Moore Avenue. Over the years, organizations such as the Polish school and library were established at the church. Sacred Heart Parish has not only a rich history but, above all, the people who are part of it bring to this place a lot of life and a vast number of pastoral ideas through their commitment to the parish.

Presently, around 1,400 families are members of our church. Each week we celebrate two Masses in English and two in Polish that are often filled to capacity. Each liturgical year is filled with events, celebrations and great spiritual experiences. It is the Church, and our community, that become witnesses to special moments in the lives of our parishioners. Sacraments of Baptism or Marriage, Christmas or Easter Triduum celebrations become moments worth recalling.

Many parishioners receive the sacrament of Reconciliation. It is offered every Wednesday an hour before Mass, as well as Fridays and Saturdays and every First Friday. Every First Friday of the month we visit and give Communion to sick and elderly parishioners who reside in their own homes or in nursing homes. There are also many young people and married couples who need spiritual direction and individual support.

The homilies delivered during the Mass are focused on deepening our faith. A large group of parishioners participates in Adoration of the Blessed Sacrament, held every Friday. During Lent we have weekly retreats. Every Tuesday, before the English morning Mass, we pray the Novena to Our Lady of Perpetual Help; in addition, we pray the Novena in Polish on Wednesday evenings before Mass.

We have two clerics from our parish in the seminary (3rd year and 4th year). We surround them with our prayers and we pray constantly for new vocations from our parish to the priesthood and religious life.

Our parish has a very large group of altar servers (65) that serves at Holy Mass and also has regular meetings. We have 50 lectors and commentators that read the word of God, and 30 Eucharistic Ministers. The parish also has a twelve member musical youth group, a chorus, 22 living rosary groups with 440 members and around 14 other smaller groups.

The most important events of this past year were: the Jubilee Mass of Thanksgiving celebrating the 100th anniversary of our parish, the 100th anniversary of the Christian Mothers’ Society and the 60th anniversary of the Catholic Women’s League.

In May and October we have special services honoring Our Blessed Mother. During Lent we pray the Stations of the Cross – before Mass, Tuesday mornings and Friday evenings. On Sundays we sing “Gorzkie Żale” (sorrowful vespers). The Polish School prepares Jaselka (Christmas Play) during the Christmas season and it is shown in our parish hall. Every Sunday, the faithful recite the rosary before each Mass. On the first Saturday of the month, we celebrate Mass preceded by a special service to the Immaculate Heart of Mary. Every Friday before Mass (except in Lent), we say the Rosary at 6:00 pm and the chaplet to the Divine Mercy at 6:30 pm.

At certain times of the year, there are special celebrations for specific feasts. On the Feast of Corpus Christi there is a procession with the Blessed Sacrament along the streets around the parish, with all church organizations and parishioners participating. On All Saints Day, prayers are said at the cemetery and on Holy Saturday we bless the food from our Easter table. In May, after First Communion, we have what is called “white week” because the communicants come to daily Mass wearing their First Communion outfits.

Pilgrimages organized by our parish have contributed to the growth of faith, prayer and overall spirituality.

I would particularly like to mention the “St. Vincent de Paul Society” that looks after the needs of large families and gives...
emergency help to poor families. This help is possible thanks to the collections on the last Sunday of every month.

We have a Polish library in our Rectory and we encourage parishioners to borrow from our collection which encompasses so many interesting books. In our Catechetic house we have regular meetings of prayer groups, pastoral teams and associations.

After every Sunday Mass the parishioners are welcome to gather in the parish hall to have a coffee or tea and some homemade baking. It is an opportunity to meet, share and communicate with friends and fellow parishioners.

I am blessed to serve as Pastor of Sacred Heart Parish, and am assisted by Fr. Lech Wycichowski, CR. We ask for God’s continued blessings on our parish and on our faith-filled and devoted parishioners.

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I have climbed Mount Kilimanjaro! (part one)

by Fr. Adam Wroblewicz, CR, Pastor, St. Joseph’s Parish, Brantford

I came into this world with two passions that are very strong and that tempt me with their charm and beauty. Despite not being the young dreamer I once was (I will be 60 years old in May this year), these sentiments rise within me from time to time, and I cannot resist them. And this is good! These “spiritual temptations” make me forget for a moment about my pastoral duties and private life, and get me out into nature so that I can be there to enjoy the beauty of God’s creation. My first passion is climbing and the other is cycling away from crowded cities.

While studying at the Seminary of the Congregation of the Resurrection in Krakow, from time to time we went up to Zakopane, the gateway to the Polish mountains, where we hiked many different mountain trails. This is where my passion for mountains began. Even though the mountains in my country have many trails, they did not pose enough of a challenge (the highest peak, Rysy, is only 2,499 meters above sea level), so I was always tempted to venture on to higher pinnacles. Finally, to fulfil my long desired dreams, I went to Tanzania. There I hiked and twice reached the Roof of Africa (Mount Kilimanjaro) -- in August, 2015 (rainy season) and February, 2017 (dry season).

When Fr. Daniel Hinc, CR (who ministers in Tanzania) visited St. Joseph’s Parish in Brantford in 2014, we decided that he, I, and a friend of mine from Hamilton would go together to Africa in August, 2015 to climb Kilimanjaro. We would also go to the novitiate where the new candidates begin their religious formation in the Congregation of the Resurrection and visit the parishes under the jurisdiction of our religious order in Tanzania. And so we did.

The Marangu route, which we climbed in six days, was one of the most popular trails to be hiked. On the fifth day, to exit the summit, the tourist must leave the Kibo Hut shelter (4720 m) at the latest by midnight. The climber must be prepared for a very steep, arduous and exhausting climb. On the road, even in the summer, the temperature falls below -25 degrees Celsius. We successfully climbed Mt. Kilimanjaro, the highest in Africa, to Gilman’s Point (5685 m). Completing this climb takes about 8 hours. It is at this point that most people decide to quit.

To be selected to climb Mount Kilimanjaro several essential requirements must be met:

a. One must have a deep desire to achieve something that is unique, difficult and fascinating. About 25,000 people annually climb Mount Kilimanjaro. Only 25% to 35% of the tourists are able to reach the top of the volcano. The main reasons for failure are: not having the necessary vaccines and medicines (for malaria and other tropical diseases, etc.), altitude sickness, the problem of acclimatization (feeling the lack of oxygen - in the upper atmosphere there is only 25% oxygen), excessive haste, fast pace, and misjudging the length of time that it takes to do the climb. Many tourists don’t leave themselves enough time.

b. One must be in good physical condition (it is necessary to have long-term fitness training before going on an expedition).

c. One must have comfortable hiking shoes and appropriate climbing clothing.

When, in 2015, I returned to Canada from my first expedition to Mount Kilimanjaro I said to myself: “This is my farewell to Africa.” Do I remain faithful to my resolve? There is another saying - “the wolf is always drawn to the forest.” And that is the truth! It did not take even one and a half years before I once again set foot on the highest point in Africa.

Overnight camp on Kilimanjaro

To be continued in our next edition ...........

Fr. Lech Wycichowski, CR, Associate Pastor
Founders’ Day

February 17th marked the 181st anniversary of the founding of the Congregation of the Resurrection. Members of the Congregation around the world celebrated this occasion in various ways. Members of the Ontario-Kentucky Province celebrated with a special meal at Resurrection Manor after the election of Fr. Murray McDermott, CR as Provincial Superior.

Update on Resurrectionist Missions

By Fr. Phil Reilly, CR, Pastor, St. Louis Parish, Waterloo

The mission activity of bringing the Gospel message to foreign lands continues.

Several projects have been completed because of the generosity of Canadian donors. The renovated church basement at San Miguel in La Paz, Bolivia is being used mostly by youth groups, but by other groups as well. It is a wonderful gathering place for retreats and sacramental preparation.

In Brazil, four seminarians and one novice are currently being trained in the seminary built and supported with Canadian donations. The South American region now has 27 priests, as well as four seminarians and one brother candidate.

In Tanzania, the first stage of the seminary building is complete, and work has begun on the next phase. Donations from Canada have made some of this possible. There are currently four seminarians studying at Jordan University in Morogoro, and one brother candidate. Fr. Andrzej Duda, CR is the rector.

Thank you for your ongoing and most generous support of our missions.

Editorial team for The Resurrection Bulletin:

Fr. Phil Reilly, CR  Fr. Jim Valk, CR
Ms. Patti Tusch  Fr. Paul Voisin, CR
Fr. Tim Uniac, CR

Please check out the Ontario-Kentucky Province’s website at www.resurrectionists.ca. If you would like to receive the Resurrection Bulletin by email, you can sign up on the website. Prayer requests are always welcomed and encouraged.