

**Apostles of the Resurrection
ARC Resources**

Type	Name	How available to Apostles	Website	Comments - incl. How does this resource enrich your faith life?	Contributor
Apps	Hallow	Digitally – app store – free or subscription for more resources		Catholic Prayers, meditation, songs - endorsed by Bishop Barron	Wanda Cakebread
	Christian Wishes (Birthday greetings etc.)	App store - free		Provides some images & greetings for those who use the internet	Wanda Cakebread
	Lectio365	Digitally		provides guided brief daily reflections and prayers	Wanda Cakebread/ Dee Sproule
	My Catholic Life	Digitally		provides brief, thoughtful, daily reflections and prayers	Dee Sproule
	Laudate	Digitally		easy access to prayer treasury, liturgical calendar and much more	Dee Sproule
	Pray Catholic Prayers (Novenas, prayers)	Digitally		Prayers on saints days	Wanda Cakebread
	Daily TV Mass	Digitally-free trial		Daily Mass	Wanda Cakebread
	Abide	Digitally		Instrumental music to soothe and relax	Wanda Cakebread
	Aleteia	Digitally		Topics of faith, spirituality	Wanda Cakebread
	Vatican News	Digitally		Latest Vatican News	Wanda Cakebread
	The Daily Journaling	Digitally		Prompts and ideas to journal about	Wanda Cakebread
	Taize Music	Digitally		Provides music to learn and play	Wanda Cakebread
	Christian + Meditation	Digitally		Christian meditation timer	Dee Sproule
	Discerning Hearts	Digitally	discerninghearts.com	Fr. Gallagher -a specialist on discernment	Carol Ann Tungate
E-mail subscriptions	Verbum	Digitally		Scripture studies – the Bible	Wanda Cakebread
	Daily Catholic Wisdom	Digitally		Quotations to reflect on by Saints	Wanda Cakebread
	Jesuit Prayer Team (gospel and reflection)	Digitally		Daily Gospel & reflection	Wanda Cakebread
	My Catholic Life (Gospel & reflection)	Digitally		Daily Gospel & reflection	Wanda Cakebread
	Center for Action & Contemplation (Richard Rohr)	Digitally		Daily reflection on the gospel-Richard Rohr	Wanda Cakebread
	Liturgical Year (saint of the day etc.)	Digitally		Saint of the day and gospel	Wanda Cakebread
	America Media (news)	Digitally		Daily news of matters of Catholic concert	Wanda Cakebread
	Henri Nouwen Society ((reflections)	Digitally, Free subscription	www.henrinouwen.org	Reflections on Henry Nouwen's writings	Wanda Cakebread
	Word on Fire (Bishop Barron)	Digitally			Wanda Cakebread
	Father Ron Rolheiser	Digitally, free subscription	ronrolheiser.com	reflections on faith, prayer	Patti Tusch
	Joyce Rupp	Digitally, free subscription	joycerupp.com	reflections, prayers	Patti Tusch
	National Catholic Reporter	Digitally	ncr.org	various topics to reflect on, pursue	Patti Tusch
	Catholic world news	Digitally, free subscription	www.CatholicCulture.org	News topics articles around the world	Wanda Cakebread

Podcasts	Abiding Together	Digitally - YouTube		3 Modern women discuss matters of faith	Dee Sproule, Wanda Cakebread
	Word on Fire	Digitally - You Tube	www.wordonfire.org	Bishop Barron homilies	Wanda Cakebread
	Discerning Hearts	Digitally	discerninghearts.com	Fr. Gallagher -a specialist on discernment	Carol Ann Tungate
Books	Jesus: A Pilgrimage - James Martin, SJ, HarperCollins, 2014	hard copy		A beautiful, personal pilgrimage to the heart of Jesus	Dee Sproule
	Awareness - Anthony de Mello S.J.	Hard copy		Offers very thought provoking topics	Wanda Cakebread
	Against an Infinite Horizon - Ronald Rolheiser	Hardcopy			Wanda Cakebread
	My Struggle with Faith - Joseph F. Girzone	Hardcopy		Famous priest/author shares his struggle	Wanda Cakebread
	The Discernment of Spirits- Father Timothy Gallagher O.M.V.	Hardcopy/digitally			Carol Ann Tungate
	Discerning the Will of God: An Ignation Guide to Decision Making - Fr. Gallagher	Hardcopy/digitally			Carol Ann Tungate
	Overcoming Spiritual Discouragement/Comment	Hardcopy/digitally			Carol Ann Tungate
	"...turn your thoughts to Paradise, because it is yours gratefulness, the heart of prayer: An Approach to Life in Fullness, Brother David Steindl- Rast, Paulist Press, 1984			Life changing	Dee Sproule
	Why Am I Afraid to Love - John Powell	Hard copy		Life changing - learning to live in love versus fear	Bob Sproule
	Radical Grace, Daily Meditations - Richard Rohr	Hard copy		part of morning prayer	Bob Sproule
	Beautiful Mercy - Experiencing God's Unconditional Love... - numerours contributors	Hard copy		7 spiritual and corporal works of mercy	Bob Sproule
	Proclaiming the Power of Christ - Bishop Robert Barron	Hard copy		Uses various art forms in support of evangelism	Bob Sproule
Movies	Mary of Nazareth: An Epic Film on the Mother of Christ	Ignatius Press, 153 minutes, 2-disc set		One of the only films ever endorsed by a Pope	Dee Sproule
	The Chosen	Digitally- App		Moving story of Jesus	Wanda Cakebread
	Mary Magdalene	Digitally- YouTube		Story of Mary Magdalene	Wanda Cakebread
	Soul (Disney)	On Disney Channel		Good for reflection & discussion	Wanda Cakebread
	Restless Heart: The Confessions of Augustine	Ignatius Press, 133 minutes, 2 disc set		Also endorsed by Pope Benedict	Dee Sproule
Prayers	Divine Mercy Novena Chaplet	Hardcopy/digitally	https://divinemercury.life/		Bob Sproule
Study Programs	Word on Fire Engage	Hardcopy/digitally	https://flocknote.com/engage/	up to 40 members free, up to 70 members variable cost	Bob Sproule
	Christifideles Laicii - St. John Paul II	Digitally	https://www.vatican.va/content/john-paul-	role of laity in the Church	Carol Ann Tungate

Events	St. Jerome's Lectures in Catholic Experience	In person/digitally	www.sju.ca/LCE	offered every year including past lectures	Bob Sproule
	Vatican and World News	Digitally	vaticannews.va	Live masses, audiences, Angelus addresses with Pope Francis and Podcasts	Carol Ann Tungate
Book Discussion Group	Henri Nouwen Society	Digitally	www.henrinouwen.org	Online discussion of a book	Wanda Cakebread
Online Courses	Studies in Theology & Ministry	Digitally-Boston College	bc.edu/crossroads	Courses on Catholic topics eg.social justice	Wanda Cakebread